

# CAMPBELL COUNTY SENIOR CENTER AND WELLNESS CENTER

Senior Center  
(859) 572-4300

3504 Alexandria Pike  
Highland Heights, KY 41076

Wellness Center  
(859) 547-3665

## MARCH 2026

**\*Registration Required and/or Payment due**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Every Monday</u></b> Ex. Equipment Computer/Library Pacesetters 9:30 Fit Friends* 9:30 Pinochle 9:30 WOW* 10:00 Canasta/Hand&amp;Foot 11:00 Wii Bowling 12:00 Nickels 1:00 Choga* 2:00 Choga*</p>	<p><b><u>Every Tuesday</u></b> Ex. Equipment Computer/Library Pacesetters 9:30 Line Dancing 9:30 Poker 10:15 Line Dancing 11:30 Yoga* 12:30 Euchre 12:45 Chair Tai Chi* 1:00 Chair Volleyball 1:45 Tai Chi*</p>	<p><b><u>Every Wednesday</u></b> Ex. Equipment Computer/Library Pacesetters 9:00 Balance 4 Life* 9:30 Fit Friends* 10:00 Belly Dance* 11:00 Wii Bowling 12:00 Pinochle 1:30 Tai Chi* 3:00 Virtual Tai Chi</p>	<p><b><u>Every Thursday</u></b> Ex. Equipment Computer/Library Pacesetters 9:00 WOW* 10:15 Dance Fit 11:30 Yoga* 12:00 Pinochle 1:00 Chair Volleyball 1:00 Choga* 2:00 Choga*</p>	<p><b><u>Every Friday</u></b> Ex. Equipment Computer/Library Pacesetters 8:45 Choga* 9:30 Fit Friends* 10:00 Manipulation 10:00 Mah Jongg 10:15 Line Dancing 10:30 Hand &amp; Foot 11:00 Wii Bowling 11:00 Line Dancing 1:00 Bingo 1:00 Chair Volleyball</p>
<p><b>2</b> Weight Loss Challenge - Weight- In Week</p>	<p><b>3</b> 12:45 Chair Tai Chi* 1:45 Beg Tai Chi*</p>	<p><b>4</b> Belterra Day* </p>	<p><b>5</b></p>	<p><b>6</b></p>
<p><b>9</b></p>	<p><b>10</b> 9:30 Paint Class*</p>	<p><b>11</b> 10:00 Belly Dance*</p>	<p><b>12</b> 1:00 Tech Day*</p>	<p><b>13</b></p>
<p><b>16</b> Pick Up March Madness Bracket</p>	<p><b>17</b> 10:00 Movie Day* 11:30 Yoga* CSFP</p>	<p><b>18</b> Turn in Bracket by 12:00</p>	<p><b>19</b> 9:00 Health Assessment</p>	<p><b>20</b></p>
<p><b>23</b></p>	<p><b>24</b> 9:30 Craft Class*</p>	<p><b>25</b> Last day to register for April Belterra*</p>	<p><b>26</b> 11:00 Book Club*</p>	<p><b>27</b> 11:00 Presentation</p>
<p><b>30</b></p>	<p><b>31</b></p>			

**\*REMINDER - YOU MUST REGISTER FOR ALL PHYSICAL FITNESS CLASSES.\***

**March 4th, Wednesday Belterra Day - 10:00AM-10:00PM** You must be a registered Senior center member & RSVP at the center each month. The last day to register for April is March 25<sup>th</sup>.

**March 10th, Tuesday 9:30AM Paint Class** - *Registration is required* Cost is \$5.00. *Register at front counter*

**March 12<sup>th</sup>, Thursday Tech Day** Schedule an appointment to go over any electronic devices you may be having trouble with. Clara from the Campbell County Library will be happy to help guide you.

**March 16<sup>th</sup> March Madness Begins. Pick Out** Brackett from Jessie \$1.00 a bracket. Turn in to Jessie by 12 noon on Wed. March 18<sup>th</sup>. Winner takes ALL. Points are given each round.

**March 17<sup>th</sup>, Tuesday 10:00AM Movie Day Mamma Mia** starring Meryl Streep. Includes soft drink and popcorn. Donation \$1.00 *Register at front counter.*

**March 19<sup>th</sup> Thursday 9:00AM** Joy from Ruwe Family Pharmacy will be here to do health assessments. You must sign up at the front desk.

**March 24<sup>th</sup>, Tuesday Craft Class 9:30AM** - *Registration is required.* Cost is \$5.00 due at registration.

**March 26th, Thursday 11:00AM Book Club** discuss the current book and receive the next book to read.

**March 27<sup>th</sup> Friday 11:00AM** Emily from Stages Elder Care Law will present on “**Widowed Now What**”, lunch will be provided. You must register at the front desk.

**March Raffle - Pick up Bingo Card.** Once you have a BINGO turn in to Jessie. Your name will be placed in Raffle.

**Chair Volley Ball Open Tues, Thurs, Fri 1PM to 3PM starting in March**

**Reminder We are Closed Friday April 3rd**