

# CAMPBELL COUNTY SENIOR CENTER & WELLNESS CENTER

Senior Center  
(859) 572-4300

3504 Alexandria Pike  
Highland Heights, KY 41076

Wellness Center  
(859) 547-3665

**JUNE 2023**  
(859)/572-4300

**\* Registration required and/or payment due.**

Mon	Tue	Wed	Thu	Fri
<p><b><u>Every Monday</u></b> Ex. Equipment Computer/Library Pacesetters 9:30 Fit Friends 9:30 Pinochle 9:30 WOW 10:00 Canasta/Hand &amp; Foot 11:00 Wii Bowling 1:30 Choga</p>	<p><b><u>Every Tuesday</u></b> Exercise Equipment Computer / Library Pacesetters 9:30 Line Dancing 10:20 Line Dancing 9:30 Poker 11:30 Yoga I * 12:30 Euchre 1:45 Tai Chi*</p>	<p><b><u>Every Wednesday</u></b> Exercise Equipment Computer / Library Pacesetters 9:30 Fit Friends 10:00 Belly Dancing* 11:00 Wii Bowling 12:30 Pinochle 1:30 Tai Chi* 3:00 Virtual Tia Chi</p>	<p><b><u>Every Thursday</u></b> Exercise Equipment Computer / Library Pacesetters 9:00 WOW 10:15-11:15 Line Dancing 11:30 Yoga II * 12:00 Nickels 12:30 Pinochle 1:30 Choga</p>	<p><b><u>Every Friday</u></b> Exercise Equipment Computer / Library Pacesetters 9:00 Chair Fit 9:30 Fit Friends 10:00 Manipulation 10:00 Mah Jongg 10:30 Hand &amp; Foot 11:00 Wii Bowling 1:00 Bingo 1:00 Chair VB</p>
			1	2
5  No Choga	6  No Tai Chi	7  Belterra Day* No Tai Chi	8  Tech Day 1:00*  No Choga	9
12  No garden class this month.	13  10:00 Movie Day*	14	15	16
19	20  CSFP  New Yoga*	21  New Tai Chi*	22  New Yoga*	23
<p>26 Craft Class 9:00*</p> 	<p>27 Painting Class 9:00*</p> 	<p>28 Painting Class 9:00*</p> <p>Last day to register* for July Belterra trip.</p> <p>New Session of Belly Dancing*</p>	29	30

**June 7th, Wednesday—Belterra Day— 10:00am - 10:00pm.** You must be a registered senior center member and RSVP at the center each month. The last day to register for July trip is June 28th.

**June 8th, Thurs., Tech Day 1:00-2:00pm—**Schedule an appointment to go over any electronic devices you may be having trouble with. Clara from the Campbell County Public Library will be happy to help guide you.

*Registration is required* for this free service. Register at the front counter or call Theresa at 859/572-4300.

**June 13th, Tues., Movie Day, 10:00am—** *Register at the front counter.* This month's movie is "A Man Called Otto" - Otto is a grump who's given up on life following the loss of his wife and wants to end it all. When a young family moves in nearby, he meets his match in quick witted Marisol, leading to a friendship that will turn his world around. Starring Tom Hanks. Donation is \$1.00.

**June 26th, Monday - Craft Class, 9:00am -** *Registration* begins June 1st. The cost is \$5.00 due at registration. No refunds for no shows.

**June 27th, Tuesday, Painting Class 9:00 am-** *Registration* begins June 1st. The cost is \$5.00 due at registration. No refunds for no shows. View a tutorial on Youtube, search for Michelle the Painter, "Hot Rod Summer".

**June 28th, Wednesday, Painting Class 9:00am -** *Registration* begins June 1st. The cost is \$5.00 due at registration. No refunds for no shows. View a tutorial on Youtube, search for Michelle the Painter, "Hot Rod Summer".

**July 7th, Friday, 11:15am -** Join us for our annual "Patriotic Grill Out". Enjoy a grilled meal and sides provided by Barrington Independent and Assisted Living in Ft. Thomas. *Registration* is required. Please see the registration sheet at the front counter in the center or call to register.