

CAMPBELL COUNTY SENIOR CENTER & WELLNESS CENTER

Senior Center
(859) 572-4300

3504 Alexandria Pike
Highland Heights, KY 41076

Wellness Center
(859) 547-3665



November 2022



Mon	Tue	Wed	Thu	Fri
Every Monday Ex. Equipment Computer/Library Pacesetters 9:30 WOW 9:30 Fit Friends 9:30 Pinochle 10:00 Canasta 11:00 Wii Bowling 1:00 Chair Volleyball 1:30 Choga	Every Tuesday Exercise Equipment Computer / Library Pacesetters 9:30 Line Dancing 10:20 Line Dancing 9:30 Poker 11:30 Yoga I 12:30 Euchre 1:45 Tai Chi	Every Wednesday Exercise Equipment Computer / Library Pacesetters 9:30 Fit Friends 11:00 Wii Bowling 12:30 Pinochle 1:00 Chair Volleyball 1:30 Tai Chi 2:30 Virtual Tia Chi	Every Thursday Exercise Equipment Computer / Library Pacesetters 9:00 Wow 10:15 Line Dancing 11:30 Yoga II 12:00 Nickels 12:30 Pinochle 1:30 Choga	Every Friday Exercise Equipment Computer / Library Pacesetters 9:30 Fit Friends 10:00 Manipulation 10:00 Mah Jongg 11:00 Wii Bowling 1:00 Bingo 1:00 Chair Volleyball
Get ready for our annual basket raffle and bake sale fundraisers! See the front counter for details. 	1 New Tai Chi Session	2 Newport Racing & Gaming Day New Tai Chi Session	3	4
7	8 9:00 Painting Class New Yoga Session	9	10 9:00 Craft Day 1:00 Tech Day Last day to register for Thanksgiving	11 Center is Closed
14 Raffle Baskets will be displayed today. Tickets are \$1.00.	15 CSFP Pick Up	16	17 New Yoga Session	18 Thanksgiving Dinner
21	22 10:00 Movie Day 	23	24 Center is Closed	25 Center is Closed
28	29 9:00 Painting Class	30	Check out our Christmas donation box at the Wellness Center. We are donating to "Frankies' Furry Friends Rescue, Inc."	

November 2nd, 10:00 Newport Gaming and Racing– Opens at 10am. See Theresa to register if new.

November 8th, Tuesday, Painting Class 9:00—Registration begins November 1st. The cost is \$4.00 and due at registration. No refunds for no shows. We will be following a tutorial starting at 9:00. You can view this tutorial ahead by visiting Youtube and searching for “Michelle the Painter”. The painting is called “Cutest Snowman #1”.

November 10th, Thursday, Craft Class 9:00—Registration begins November 1st. This month we will be making a Christmas wreath. Seating is limited. The cost is \$4.00 and due at registration. No refund for no shows.

November 10th, Thursday, Tech Day 1:00-2:00—Schedule an appointment to go over any electronic devices you may be having trouble with. Clara from the Campbell County Public Library will be happy to help guide you. [Register at the front counter](#) for this free service.

November 18th, Friday, 11:30, Annual Thanksgiving Dinner—Enjoy our annual dinner of roasted turkey, mashed potatoes and gravy, sweet potatoes, green beans, cranberries, dressing, rolls and dessert. Reserve your seat by November 10th. The cost of \$8.00 is due when you register. Enjoy playing some bingo after the dinner.

November 22nd, Tuesday, 10:00, Movie & Popcorn Day, “The Thanksgiving House”. Donation is \$1.00. [Please register at the front counter.](#)

November 29th, Tuesday, Painting Class 9:00—Registration begins November 1st. The cost is \$4.00 and due at registration. No refunds for no shows. We will be following a tutorial starting at 9:00. You can view this tutorial ahead by visiting Youtube and searching for “Michelle the Painter”. The painting is called “Cutest Snoman #1”.

November 30th, Wednesday, Garden Meeting, 9:15. Please join us for this month’s meeting. Come see what’s growing in our garden and share in the harvest. No experience necessary. **Please register at the front counter.**

SAVE THE DATE: December 16 will be our annual Christmas Dinner of ham with all the trimmings. **Reservations will be required by Friday, December 9th.** The cost is \$8.00 due and when registering.