

# CAMPBELL COUNTY SENIOR CENTER & WELLNESS CENTER

Senior Center  
(859) 572-4300

3504 Alexandria Pike  
Highland Heights, KY 41076

Wellness Center  
(859) 547-3665



## JUNE 2021 VIRTUAL CALENDAR



Mon	Tue	Wed	Thu	Fri
Every Monday Pacesetters <b>ALL CLASSES</b>	Every Tuesday Pacesetters <b>&amp; ACTIVITIES ARE</b>	Every Wednesday Pacesetters <b>VIRTUAL. THERE</b>	Every Thursday Pacesetters <b>ARE <u>NO</u> IN-PERSON</b>	Every Friday Pacesetters <b>CLASSES.</b>
	1	2 11:00 Chair Yoga	3	4 11:00 Cardio Strength May Pacesetters miles due Call Jessie 547-3665
7 <b>NO</b> Tai Chi	8	9 <b>NO</b> Chair Yoga	10 <b>NO</b> Cooking Class	11 <b>NO</b> Cardio Strength
14 11:00 Tai Chi  14 JUNE FLAG DAY	15 10:00 am– 12:00 pm CENTER REOPENING DRIVE-THRU EVENT	16 11:00 Chair Yoga	17	18 11:00 Cardio Strength
21 11:00 Tai Chi CSFP Pick-up  IT'S SUMMER!	22	23 11:00 Chair Yoga	24 11:00 Cooking Class 	25 11:00 Cardio Strength
28 11:00 Tai Chi	29	30	<b>JULY 1</b> 10:00 a.m.-12:00 p.m. OPEN HOUSE	<b>JULY 2</b> 10:00 a.m.-12:00 p.m. OPEN HOUSE

**JUNE 4 (THURSDAY):** May Pacesetters miles due. Call Jessie at 547-3665. You may leave a message.

**JUNE 24 (THURSDAY) Cooking Class: 11:00 a.m.** Dishes will be simple and cost effective to make. This class is offered on Facebook Live.

**JUNE 15 (TUESDAY): 10:00 a.m.-12:00 p.m. Come to the Drive-Thru to learn about the Senior and Wellness Center's reopening plans. Drive-Thru to pick-up an informational packet. Each packet will contain all the required paperwork that needs to be filled out and returned to the center. As a special treat, each drive-thru attendee will receive a welcome back cookie! You may return your completed packet prior to July 1 in the center's mailbox / drop box. The mailman does not have access to this box, only staff.**

All classes are virtual on Facebook Live on the Campbell County Senior Center's Facebook page.

**LIBRARY SERVICES:** Be sure to check out our *Little Library* located outside the main entrance to the facility. Don't see anything you like, call 572-4300 and a staff person will be more than happy to assist you.

**MOVIES:** The Senior Center has been gifted a nice selection of movies. If interested in checking out a movie, please call 572-4300 to see what is available.

**PACESETTERS:** It's summer! What a great time to get out and walk, do yard work and all those fun summer activities.. When doing any of these activities, be sure to track your steps and jot them down. Every step counts!

**JULY 1 (THURSDAY) and JULY 2 (FRIDAY) OPEN HOUSE 10:00 a.m.-12:00 p.m.** Mark your calendar to attend the center's re-opening Open House. At the Open House you will learn the reopening guidelines, take a tour, learn what activities will be available in July and get answers to any questions you may have. The Senior and Wellness Center will officially reopen on Tuesday, July 6 with July operating hours of 8:30 a.m.-2:00 p.m.