

# CAMPBELL COUNTY SENIOR CENTER & WELLNESS CENTER

Senior Center  
(859) 572-4300

3504 Alexandria Pike  
Highland Heights, KY 41076

Wellness Center  
(859) 547-3665

Hours of operation 8:30am-3:00pm

## June 2020

(859) 572-4300

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<u>Every Monday</u> 9:30 Fitness Friends 9:30 Pinochle 9:30 W.O.W. 10:00 Canasta 11:00 Wii Bowling 12:45 Game Day 1:00 Chair Volley. 1:00 Tai Chi, Free Class	<u>Every Tuesday</u> 9:30 Line Dance 9:30 Poker 10:00 Bridge 10:30 Chair Yoga 12:00 Yoga II 12:30 Euchre 1:30 Tai Chi	<u>Every Wednesday</u> 9:30 Fitness Friends 9:30 W.O.W 11:00 Wii Bowling 12:30 Pinochle 12:30 Knit/Crochet 1:00 Chair Volley. 1:00 Chair Tai Chi, Free Class	<u>Every Thursday</u> 9:30 Line Dance 9:30 Poker 10:00 Bridge 11:30 Yoga I 12:30 Pinochle 12:30 Nickels 1:30 Bingo 2:00 Chair Yoga Free	<u>Every Friday</u> 9:30 Fitness Friends 9:45 Young at Heart Band 10:00 Mah Jongg 11:00 Wii Bowl. 11:00 Chair Yoga 1:00 Chair Volley. 1:30 Bingo
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

Until further notice the Senior Center and Wellness Center is closed due to COVID-19.

The activities listed above are activities that always take place. Keep checking back as our monthly calendar will be updated once we receive permission to re-open.

Be sure to check out Jessie's Facebook Live Cardio / Strength, Chair Yoga and Tai Chi classes. Go to Campbell Co. Senior Center and be sure to hit the "Like" button.

Stay healthy!  
Hope to see you all soon!  
We miss you!

*Marsha, Jessie & Theresa*