

CAMPBELL COUNTY SENIOR CENTER & WELLNESS CENTER

Senior Center
(859) 572-4300






3504 Alexandria Pike
Highland Heights, KY 41076

Wellness Center
(859) 547-3665

DECEMBER 2024

(859)/572-4300

*** Registration required and/or payment due.**

Mon	Tue	Wed	Thu	Fri
<p>Every Monday Ex. Equipment Computer/Library Pacesetters 9:30 Fit Friends 9:30 Pinochle 9:30 WOW 10:00 Canasta/Hand & Foot 11:00 Wii Bowling 12:00 Nickels 1:30 Choga*</p>	<p>Every Tuesday Exercise Equipment Computer / Library Pacesetters 9:30 Line Dancing 10:20 Line Dancing 9:30 Poker 11:30 Yoga * 12:30 Euchre 12:45 Chair Tai Chi* 1:45 Tai Chi*</p>	<p>Every Wednesday Exercise Equipment Computer / Library Pacesetters 9:30 Fit Friends 10:00 Belly Dancing* 11:00 Wii Bowling 12:00 Pinochle 1:30 Tai Chi* 3:00 Virtual Tai Chi</p>	<p>Every Thursday Exercise Equipment Computer / Library Pacesetters 9:00 WOW 10:15-11:15 Line Dancing 11:30 Yoga * 12:00 Nickels 12:00 Pinochle 1:30 Choga*</p>	<p>Every Friday Exercise Equipment Computer / Library Pacesetters 8:45 Choga* 9:30 Fit Friends 10:00 Manipulation 10:00 Mah Jongg 10:00 Line Dancing 10:30 Hand & Foot 11:00 Line Dancing 11:00 Wii Bowling 1:00 Bingo 1:00 Chair VB</p>
2	3 New Yoga Session* 10:00 AM Painting Class*	4 Belterra Day* 	5 10:00AM Pottery Painting*	6 11:00AM Presentation “How not to get Scammed”
9	10 10:00 AM Movie Day*	11	12 New Yoga Session* 1:00PM Tech Day	13 Christmas in Dec Bingo Last day to RSVP for Christmas Dinner
16	17 9:00-10:00 AM Ruwe Pharmacy* 10:00AM Craft Class New Tai Chi Session* New Chair Tai Chi* CSFP	18	19	20 11:15AM Christmas Dinner & Basket Raffle No Choga
23 No Choga Last day to register* for January Belterra trip.	24 Center is Closed 	25 Center is Closed 	26 No Book Club No Choga	27 No Choga
30 No Choga	31 Center is Closed 	1 Center is Closed 	Weight Loss Challenge starts January 13th	January Belterra Will be January 8th

December 3rd, Tuesday, Painting Class*, 10:00AM —*Registration is required.* Cost is \$5.00. No refunds for no shows. Follow Michelle the Painter— Finger painting a Christmas Tree.

December 4th, Wednesday—Belterra Day— 10:00 AM - 10:00 PM. You must be a registered senior center member and RSVP at the center each month. The last day to register for **January 8th** trip is December 23rd.

December 5th, Thursday— Paint a pottery piece: Angel, Gnome with present/or Tree *Register at the front counter*

December 6th, Friday, 11:00AM—Dave Anderson with the Cold Spring Library will be presenting “How not to get scammed” for Senior Citizens. *Register at the front counter*

December 10th, Tues., Movie Day*, 9:30 AM— *Register at the front counter.* This month’s movie is “ELF” Starring Will Ferrell. Includes a soft drink and popcorn. Donation is \$1.00.

December 12th, Thurs., Tech Day 1:00-2:00 PM—Schedule an appointment to go over any electronic devices you may be having trouble with. Clara from the Campbell County Public Library will be happy to help guide you. *Registration is required* for this service. Register at the front counter or call the center at 859/572-4300.

December 17th, Tuesday, 10:00 AM Craft Class* . *Register at the front counter* Cost is \$5 due at registration. No refunds for no shows Make four Christmas ornaments.

December 17th, Tuesday, Flu, Covid & RSV Vaccines 9:00-10:30am - *Registration is required.* Please provide your Medicare card & any other insurance cards. Please provide your VA Insurance card as well as a Military ID & full social security number. Vaccinations are provided by Ruwe Pharmacy.

December 20th, Friday, 11:15 AM Annual Christmas Dinner—Enjoy our annual dinner of Lasagna, Tossed Salad, Garlic Bread and Dessert *Reserve your seat by December 13th.* The cost of \$10.00 is due when you register. Enjoy playing some bingo after the dinner. **Basket Raffle drawing**

December 24th, Tuesday and December 25th, Wednesday SENIOR CENTER CLOSED FOR CHRISTMAS HOLIDAY

December 31st, Tuesday and January 1st, Wednesday SENIOR CENTER CLOSED FOR NEW YEAR’S HOLIDAY