

CAMPBELL COUNTY SENIOR CENTER & WELLNESS CENTER

Senior Center
(859) 572-4300





3504 Alexandria Pike
Highland Heights, KY 41076

Wellness Center
(859) 547-3665

SEPTEMBER 2024

(859) 572-4300

*** Registration required and/or payment due.**

Mon	Tue	Wed	Thu	Fri
Every Monday Exercise. Equipment Computer/Library Pacesetters 9:30 Fit Friends 9:30 Pinochle 9:30 WOW 10:00 Canasta/Hand & Foot 11:00 Wii Bowling 1:30 Choga	Every Tuesday Exercise Equipment Computer / Library Pacesetters 9:30 Line Dancing 10:20 Line Dancing 9:30 Poker 11:30 Yoga * 12:30 Euchre 12:45 Chair Tai Chi* 1:45 Tai Chi*	Every Wednesday Exercise Equipment Computer / Library Pacesetters 9:30 Fit Friends 10:00 Belly Dancing* 11:00 Wii Bowling 12:00 Pinochle 1:30 Tai Chi* 3:00 Virtual Tia Chi	Every Thursday Exercise Equipment Computer / Library Pacesetters 9:00 WOW 10:15-11:15 Line Dancing 12:00 Nickels 12:00 Pinochle 1:30 Choga	Every Friday Exercise Equipment Computer / Library Pacesetters 8:45 Choga* 9:30 Fit Friends 10:15 Line Dancing 10:00 Manipulation 10:00 Mah Jongg 10:30 Hand & Foot 11:15 Line Dancing 11:00 Wii Bowling 1:00 Bingo 1:00 Chair VB
2 Labor Day <i>Center is Closed</i> 	3 NO YOGA 1:45 PM New Tai Chi Class*	4 Belterra Day*  No Tai Chi	5 NO YOGA	6 10:00AM Aging in Place* 12:00PM Ice Cream Social*
9	10 10:00 AM Painting Class * New Yoga Class*	11	12 1:00PM Tech Day 	13 11:00AM TANK* 12:00 NOON September B-Days* 
16	17 9:00AM Stuff Picnic Bags* 10:00 AM Movie Day* New Chair Tai Chi*	18	19	20 Library Closed NO CHOGA NO MAH JONGG NO WII Bowling 11:00AM Lunch and Learn*
23 10:00AM Wrap cookies for Senior Picnic *	24 Last day to register for October- Beltterra trip* Last day to buy picnic tickets.	25 Senior Picnic <i>Center is Closed</i>	26 11:00AM Book Club	27 11:00AM Lunch and Learn*
30 9:00 AM Craft Class		2 October New Belly Dance*		

September 2nd, Monday— The Senior Center will be closed for Labor Day.

September 4th, Wednesday—Beltterra Day— **10:00am - 10:00pm**. You must be a registered senior center member & RSVP at the center each month. The last day to register for October trip is September 24th.

September 6th, Friday, 12:00PM Ice Cream Social [Register at the front counter](#)

September 10th, Tuesday, Painting Class* 10:00AM— — [Register at the front counter](#) or See Pat. \$5.00 payable when you register. No refunds for no shows. Paint a Swan to make a hanging stained glass art piece.

September 12th, Thursday, Tech Day, 1:00-2:00pm—Schedule an appointment to go over any electronic devices you may be having trouble with. Clara from the Campbell County Public Library will be happy to help guide you.

September 13, Friday, 12:00 NOON—Help Celebrate the September Birthdays! [Register at the front counter](#).

September 13th, Friday, 11:00AM TANK Transit On-Demand Presentation— Please come and see what they have to offer with these new services! [Register at the front counter](#).

September 17th, Tuesday, 11:00AM Volunteers, We need your Help!!- Help us stuff bags for the Senior Picnic!

September 17th, Tuesday, Movie Day* 10:00AM— [Register at the front counter](#). This month's movie is "Pirates of the Caribbean, The Curse of the Black Pearl", starring Johnny Depp. Donation \$1.00, includes popcorn and soft drink.

September 20th, Friday, Lunch and Learn* -Register at the front counter Heaven Sent Care –Finances, Home Care, Home Health Care and Placement Services

September 23rd, Monday, 10:00 AM Volunteers, We need your Help!!- Help us wrap cookies for the Senior Picnic!

SENIOR PICNIC - "PIRATES AT PENDERY PARK", Wednesday, September 25th. Tickets are on sale now for \$10.00 until 3:00 pm on Tuesday, September 24th. Tickets will be \$15.00 at the gate.

September 27th, Friday, Lunch and Learn* -Register at the front counter Allison Klein will be explaining the changes coming to Medicare Part D in 2025, affecting premiums, drug coverage, and out-of-pocket costs.

September 30th, Monday, Craft Class, 9:00am—[Register at the front counter](#). The cost is \$5.00 due at registration. No refunds for no shows.